

# First Responder Emergency Care (FREC) 3 Requalification

Rating ★★★★★

The three day QA Level 3 Certificate in First Response Emergency Care (RQF) requalification course is perfect for those who have already completed the full FREC 3 or an FPOSi qualification and are due to requalify.

## Course content

The three day FREC 3 Requalification Course aims to refresh the trauma and acute medical emergency life-saving skills and maintain an individual's FREC 3 currency. The student needs to retake the qualification before the certificate expiry date to remain qualified.



PROMETHEUS  
MEDICAL

## The syllabus includes:

- Patient assessment
- Trauma management
- Manage catastrophic bleeding
- Assess and manage patient's airway
- Administer emergency oxygen
- Manage a patient with head and spinal injuries
- Manage a patient with injuries to bones, muscles and joints
- Adult Basic Life Support and AED training
- Environmental emergencies
- Minor illness and injury
- Medical emergencies
- Triage
- Casualty evacuation
- Scenario-based practical skills training interventions

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**Duration:** 3 days

**Entry Criteria:** Previous attendance on a FREC 3 or First Person on Scene (Intermediate) within the last three years; previous certificate must still be in date

**Certification:** Level 3 Certificate in First Response Emergency Care

“Fantastic setting, great instructor and made to feel very welcome by everyone.”

Student Testimonial

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