



**PROMETHEUS
MEDICAL LTD**

FREC Level 3 Course

Course Overview

FREC Level 3 provides the emergency responder with an enhanced level of medical capability to deal with a casualty in a trauma or medical emergency. The course focuses on the provision of effective trauma medical management in all environments and industries. Training is ideal for those working in VIP protection, close protection, private security and specialist agencies (e.g. Diplomatic Protection), and provides the Level 3 Certificate in First Response Emergency Care for the Security Industry Authority (SIA) Licence.

Aim

FREC Level 3 aims to equip students with the essential medical skills, so that they are capable of delivering lifesaving immediate medical care.

Entry Criteria

No prior qualifications required (basic medical training would be an advantage).

Course Content

As with all Prometheus courses, the emphasis is on short lectures, high instructor to student ratios, supervised practical skill sessions, and scenario-based moulages. This course covers all of the competencies required for certification as well as training in tactical medical support, ballistic & blast injury and a systematic approach to the management of trauma. The training includes important subject areas such as multiple casualty management & triage, road traffic collision management and medical planning. The syllabus includes:

- Basic medical planning
- Incident assessment
- Patient assessment
- Trauma management
- Manage catastrophic bleeding
- Assess and manage patient's airway
- Administer emergency oxygen
- Manage a patient with head and spinal injuries

- Manage a patient with injuries to bones, muscles and joints
- Adult Basic Life Support and AED training
- Environmental emergencies
- Minor illness and injury
- Medical emergencies
- Introduction to multiple casualty management and triage
- Casualty evacuation
- Scenario-based practical skills training interventions

Certification

Qualsafe Awards (QA) Level 3 Certificate in First Response Emergency Care (RFQ).

Duration

Five days

Location

At Prometheus' residential training facility in Hereford, Herefordshire. Bespoke courses also available at a requested venue convenient to you. Lunch is included for each day of the course.