



PROMETHEUS  
MEDICAL LTD

# Emergency First Aid at Work (EFAW) Course

## Course Overview

This 1-day course is designed for individuals who may act in support of the designated first responders within the workplace. The course focuses on the provision of effective trauma management, re-focusing on the systematic ABCDE approach to the management of trauma.

## Aim

The Emergency First Aid at Work course aims to equip students with the essential skills, so they can deliver lifesaving immediate medical care to themselves or others.

## Entry Criteria

No prior medical qualifications are required to partake in the course

## Course Content

- Roles and Responsibilities
- Assessing an incident
- Managing an unresponsive casualty
- Adult Basic Life Support & AED
- Recovery position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries

## Duration

One Day

## Location

At Prometheus' residential training facility in Hereford, Herefordshire. Bespoke courses also available at a requested venue convenient to you.